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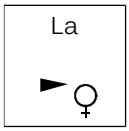
La 
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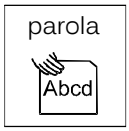
parola 

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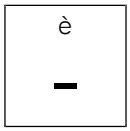
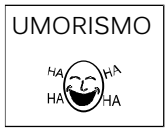
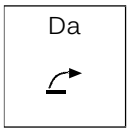
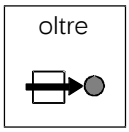
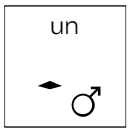
è 
UMORISMO 

Da 
oltre 
un 
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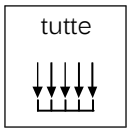
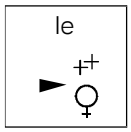
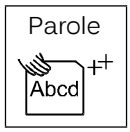
tutte 
le 
Parole 

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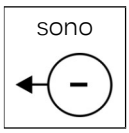
sono 
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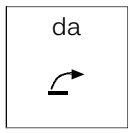
da 
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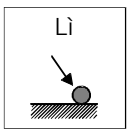
Lì 
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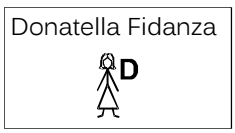
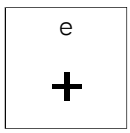
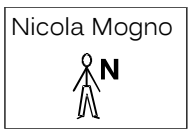
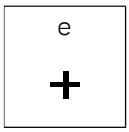
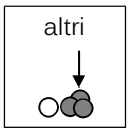
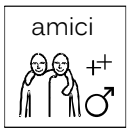
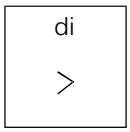
Donatella Fidanza 

e 
Nicola Mogno 

e 
altri 
amici 
di 
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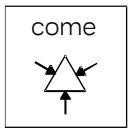
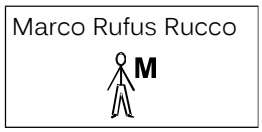
come 
Marco Rufus Rucco 

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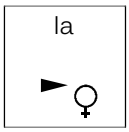
la 
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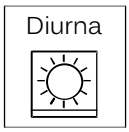
Diurna 
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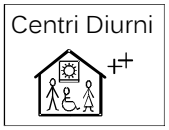
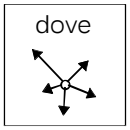
Centri Diurni 
dove 
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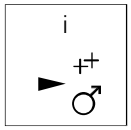
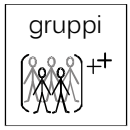
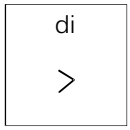
i 
gruppi 
di 
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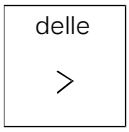
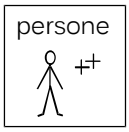
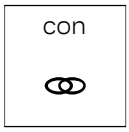
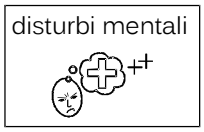
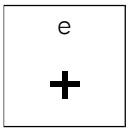
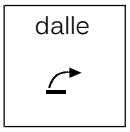
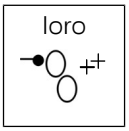
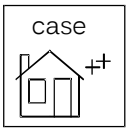
delle 
persone 
con 
disturbi mentali 
e 
dalle 
loro 
case 
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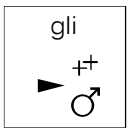
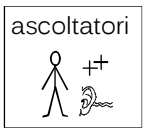
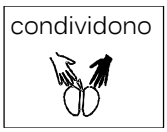
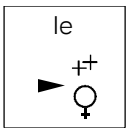
gli 
ascoltatori 
condividono 
le 
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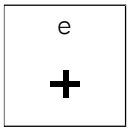
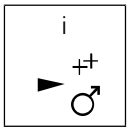
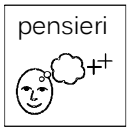
e 
i 
pensieri 
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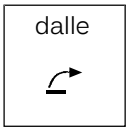
dalle 
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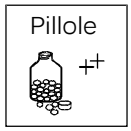
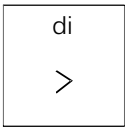
Pillole 
di 
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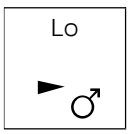
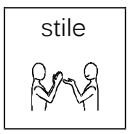
Lo 
stile 
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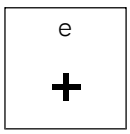
e 
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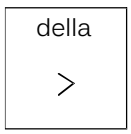
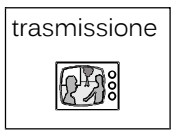
della 
trasmissione 

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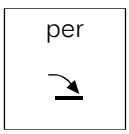
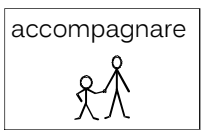
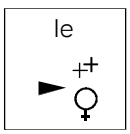
per 
accompagnare 
le 
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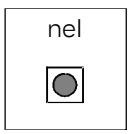
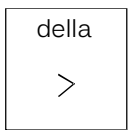
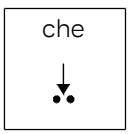
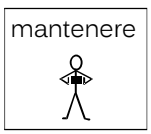
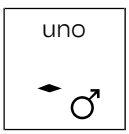
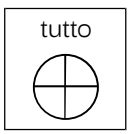
nel 
tempo
della 
crisi
,

dimostra
che 
mantenere 
uno 
spirito
leggero
malgrado
tutto 
,

è | una | risorsa | decisiva | per | rimanere | attivi | e | liberi .

Rallegra | il | cuore | sentire | mescolate | le | note | della | serietà

e | dell' | ironia .

L' | umorismo | più | sottile | si accende | inaspettato ,

come | quando | scoppia | la | risata | improvvisa | di | un | bimbo .

L' | umorismo | fa | affrontare | le | situazioni

in | un | modo | divergente , | così | da | non | essere | sopraffatti

dall' | intensità | emotiva | del | momento .

Mentre | ci | divertiamo , | senza | saperlo , | poniamo | una | nota | affettiva

al | margine | di | un' | esperienza | che | un | giorno | rileggeremo .

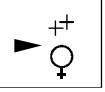
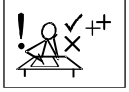
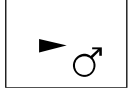
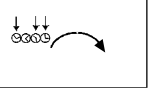
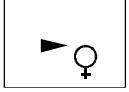
La | sottolineatura | interiore | ha | la | stessa | forma

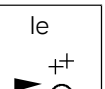
di | un | bel | sorriso .

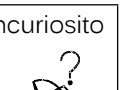
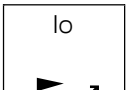
Come è accaduto qualche giorno fa .

Immaginate la nonna che sta imparando

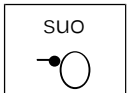
ad usare il nuovo telefonino .

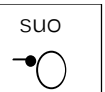
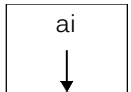
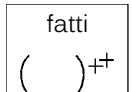
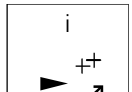
Ecco le  prime prove  , il  familiarizzarsi  con la  tecnologia

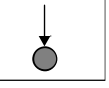
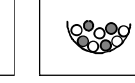
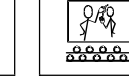
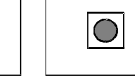
e le  possibili videochiamate .

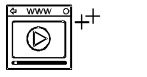
Anche il nonno osserva incuriosito  lo  strumento

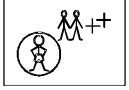
che irrompe in cucina , una delle stanze

che sono diventate il suo  mondo :

dal suo  confinamento assiste ai  fatti  attraverso i  notiziari ,

partecipa alla  messa , vede qualche  film  in  TV .

Viene poi il momento delle videochiamate 

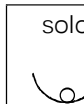
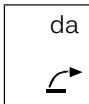
a figlie e nipoti 

e anche il nonno prende in mano il telefonino ,

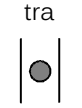
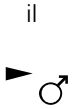
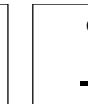
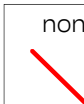
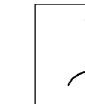
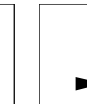
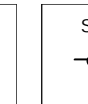
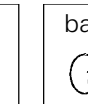
guarda entusiasta , riconosce i volti nel piccolo schermo .

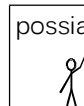
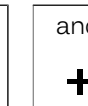
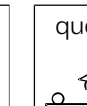
Lancia uno sguardo affettuoso alla moglie

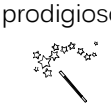
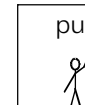
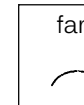
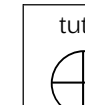
mentre lei domanda che cosa fare del vecchio telefono .

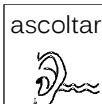
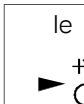
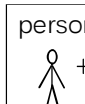
È vecchio e inutilizzabile , c'è solo  da  buttarlo .

Il nonno afferra d'improvviso il telecomando e ,

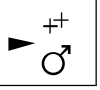
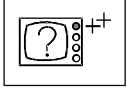
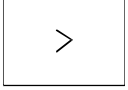
tra  il  consapevole e  non  , fa  la  sua  battuta  :

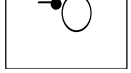
« Adesso possiamo  buttare anche  questo  » .

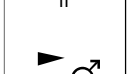
Il nuovo prodigioso  dispositivo può  fare  di tutto  ,

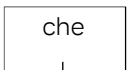
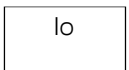
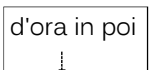
può far vedere e ascoltare  le  persone 

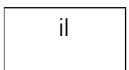
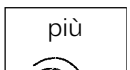
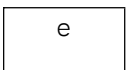
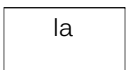
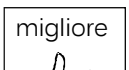
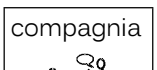
come fossero in televisione .

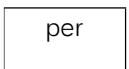
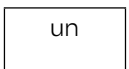
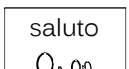
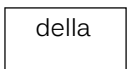
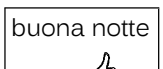
Certo non cambierà i  canali  della  tv ,

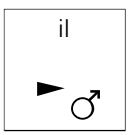
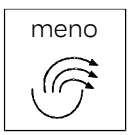
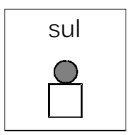
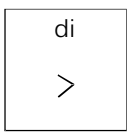
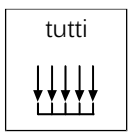
ma , , in cuor suo  ,

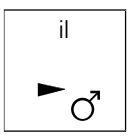
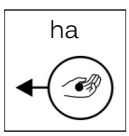
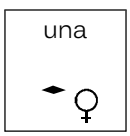
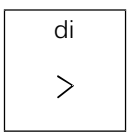
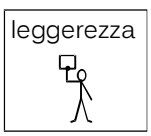
il  nonno sa già

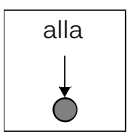
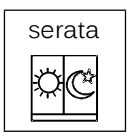
che  lo  spettacolo delle videochiamate sarà , d'ora in poi  ,

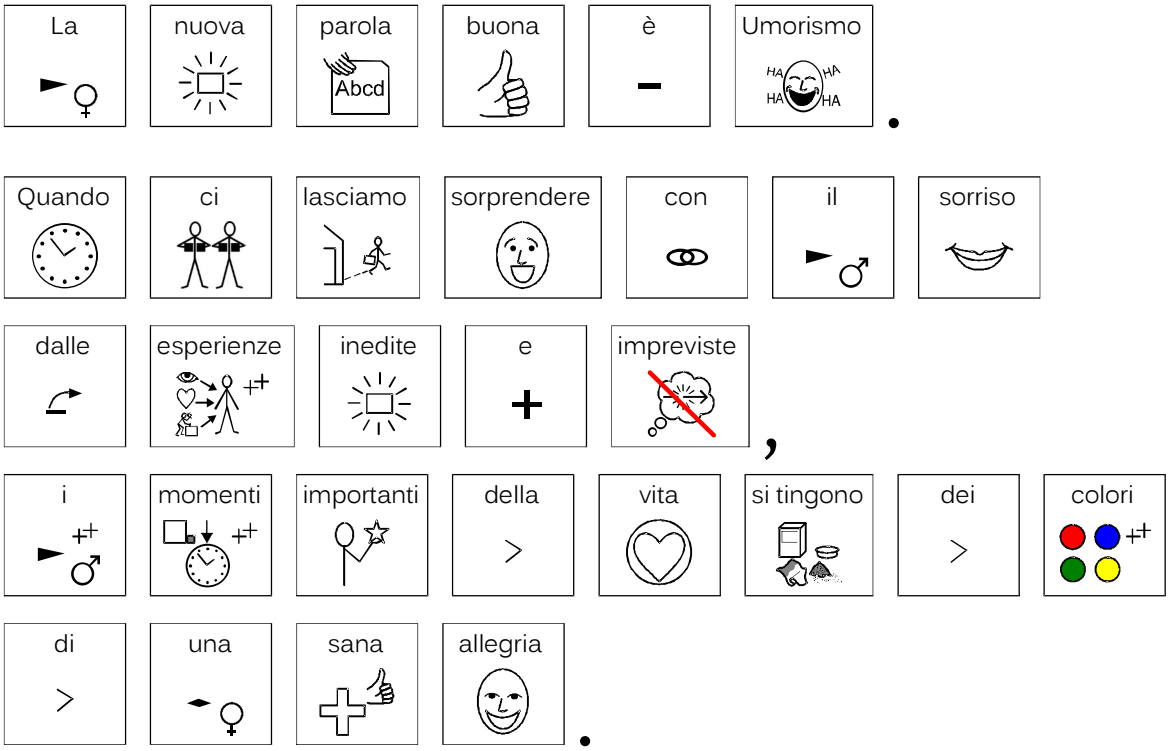
il  programma più  atteso e  la  migliore  compagnia 

per  un  saluto  della  buona notte  .

Prendendo il  momento meno  sul  serio di  tutti  ,

il  nonno ha  aggiunto 3+1+2= una  nota di  leggerezza 

alla  serata  .



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